One of the benefits of being a member of The Friends is the Friends & Neighbours programme, which allows members a discount on purchases from businesses local to Holland Park, our Neighbours. We aim to build a community of interest around the park, to encourage new members to join the Friends and we want to give something back to our loyal members.

Discounts are available on showing a current membership card for The Friends when making a purchase. So far, we have more than a dozen Neighbours. If you are already a member, do visit them. If you are not yet a member, do join The Friends and benefit from the discounts.

# Chakra Restaurant

The flavourful North Indian cuisine with Punjabi influences is not the only attraction of this gem of a restaurant, tucked away in Holland Street. A chakra is a centre of spiritual and healing power within the body and this is represented in the jewel colours and fabrics of the interior, so that the environment, as well as the food, gives pleasure. The focus is on dishes cooked in the tandoor, as well as a selection of dishes from several other regions of the sub-continent. Menus change regularly and include Indian brunch and afternoon tea. There is an outside terrace.

33c Holland Street, Kensington, London W8 4LX. t. 020 7937 3222.

www.chakra.restaurant

**Offer:** 15% discount off all meals in the restaurant. Does not apply to drinks or take-away.

# The Design Museum

The Design Museum, with its wonderful parabolic roof, is a familiar sight to all Holland Park visitors. Since its re-opening in 2018, the stunning new interior gives a sense of anticipation as soon as you enter the building. There is a permanent exhibition from the Museum's collection, temporary exhibitions, talks, workshops and events. The Design Museum is devoted to contemporary design in every form, from architecture and fashion to graphics, product and industrial design. The main atrium is a wonderful place to sit and reflect on your experience.

224-238 Kensington High Street, London W8 6AG. Tel. 020 3862 5900

bookings@designmuseum.org

**Offer:** 10% discount on sales from the shop, and on ticketed exhibitions booked on-line. 10% off courses and workshops booked on-line.

# Gallery 19

Gallery 19 is not just your local picture framer. They specialise in architectural views of Kensington, London and Italy as well as maps, models, Florentine stationery and house portrait commissions. Owners, Gordon, Sandra and Alex French are well known to the Friends, not least for running our annual art exhibition.

19 Kensington Court Place, London W8 5BJ. t. 020 7937 7222 info@gallery19.com

**Offer:** 10% off framing.

# Imagine Spa Holiday Inn London Kensington

There is a choice of relaxing treatments in the spa, an invigorating swim in the pool, exercise classes, or a workout in the gym. They claim to have the largest swimming pool in Kensington (18m) and swimming is not only fun but is one of the best forms of exercise. Some health clubs can be daunting but this one is not and has friendly and helpful staff.

Wrights Lane, Kensington, London W8 5SP. t. 0207 368 4005.

www.http://imaginespa.co.uk/kensington/facilities/

**Offer:** £75 p.m. for min of 3 months. No joining fee. 20% discount in hotel restaurant.

# Holland Park Café

Well used by visitors to the park, this cafe serves light meals, snacks, hot and cold drinks, sandwiches and pastries. It is very pleasant to sit on the terrace on a sunny evening, watching the more energetic rushing around the sports field. Customers include mums and dads with young children, chess players, park visitors from all over the world and a few people earnestly taking advantage of the free Wi-Fi to catch up on e-mails.

Just north of the Ilchester Gate, in Holland Park, t. 020 7602 6156. www.cooksandpartners.co.uk/holland-park-cafe

**Offer:** 10% on all purchases over £10.

#### Il Portico Restaurant

Il Portico Restaurant on Kensington High Street has been cooking regional Italian specialities since it was first opened in the 1960's by Pino Chiavarini. Still managed to this day by the same family, siblings James and Francesca draw from their ancestor's influence by providing simple, authentic Italian food from their home region of Emilia Romagna and beyond.

277 Kensington High Street, London W8 6NA. t. 0207602 6262. www.ilportico.co.uk

**Offer:** 10% off meals at lunchtime.

#### Jeroboams fine food and wines

The Holland Park Avenue branch is a long-established delicatessen and wine store, offering an impressive selection of artisan cheeses, charcuterie and other fine foods, sourced from around the globe, a veritable Aladdin's Cave for the foodie. Wines feature mature vintages of Bordeaux, Burgundy, grande marque Champagnes, great wines of Italy, Australasia and the rest of the New World. Open daily.

96 Holland Park Avenue, London W11 3RB. t. 020 7727 9359

www.jeroboams.co.uk

**Offer:** 10% off all purchases when no other promotional discounts apply. Certain products are excluded from the discount, at the discretion of the manager.

#### **Lipp Interiors**

Lipp offer an interior design service, as well as having a treasure trove of a shop selling all manner of pretty accessories for the home, lights, furniture, gifts and some clothes such as scarves. All display an Italian influence.

118A Holland Park Avenue, London W11 4UA.

t. 020 7243 2432.

**Offer:** 10% off purchases over £50.

#### Rassell's

Rassell's plant nursery has been on this site for over 100 years and is a local institution. The plants for sale change with the season and you can find unusual gems among the more recognisable trees, shrubs and annuals. The staff show real interest and are great on advice, from what to plant to

how to plant it and what treatment it needs to survive. They also sell cut flowers and house plants.

78-80 Earls Court Rd, London W8 6EQ. t. 020 7937 0481. www.rassells.com

**Offer:** 10% on all purchases in the nursery and flower shop, but not on delivery costs.

# Romulo Cafe

Romulo Cafes are well established in the Philippines and their London restaurant features some of their most popular dishes. Filipino food is a mix of four culinary traditions, Spanish, American, Malay and Chinese, and at Romulo Cafe there is an appetizing range of bar food, snacks, main courses to share, healthy salad options, vegetarian options, desserts and homemade ice cream. The owner has transformed an elegant Georgian town house to echo the spirit of a comfortable Filipino home which comprises four discrete dining areas: the General's Bar, the Ambassador's Lounge, the Diplomat's Dining Room, and a space for private dining.

343 Kensington High Street, London, W8 6NW. t. 020 3141 6390. www.romulocafe.co.uk

**Offer:** 10% discount (when no other promotional prices apply).

# Sadaf

Sadaf, a well-establish Persian restaurant, has recently moved to Kensington. You can enjoy treats from light salads and snacks to hearty stews, kebabs and rice dishes, all with delicious Persian flavours. The tandir oven is a feature just inside the front door and produces fine naan bread to order. Open from 12pm to 11pm daily.

3-5 Campden Hill Road, London W8 7DU. t. 020 7938 1111.

www.sadaf-garden.co.uk

**Offer**: 10% off meals in the restaurant.

# Threads Hair & Beauty

This laid-back hair and beauty salon has its own coffee bar where you can relax and enjoy freshly-roasted coffee, juices and snacks. Treatments include hair cutting, styling and colouring as well as facials, manicures and pedicures. Threads & Co is the brainchild of Australian born entrepreneur and make-up artist Matthew Bartell. Its sister company, Threads Beauty Ltd, was launched in 2009, with threading & nail bar concessions in various department stores & fashion stores in Ireland.

256 Kensington High Street, London W8 6ND.

For more information, visit www.threadsandco.co.uk or call 020 3903 7272.

**Offer**: 10% off hair and beauty treatments

# ULI Restaurant

ULI serves carefully selected dishes from Asia, prepared using traditional Chinese, Thai, Malay and Singaporean disciplines. They believe that Asian food should be clean, fresh and healthy. Originally established on the All Saints Road in 1997, ULI became a firm favourite among locals and critics alike. At its new home on Ladbroke Road, its pretty terrace forms part of the vibrant local scene, ULI serves lunch and dinner all week as well as an extensive range of snacks, cocktails and beverages.

5 Ladbroke Road, London, W11 3PA. t. 020 3141 5878. www.ulilondon.com

**Offer:** 10% discount on meals in the restaurant.

Lycetts - insurance broker

Lycetts offers members of The Friends a 10% discount off the premium for household policies under The Friends of Holland Park Household Insurance Scheme.

Contact Jonathan Lloyd on 020 7398 1660, or jonathan.lloyd@lycetts.co.uk